

GCSE PE Newsletter Issue 2 – June 2018

Welcome to the second newsletter from the Sport & PE Department, we would like to keep you as up to date as possible with the course content and topics students are covering. If you have any questions, please do not hesitate to contact us at College.

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What are we studying?

Year 9 - During this term, we have looked at the biology content of the specification which is the cardiorespiratory and musculoskeletal systems. We have done this through making arms and legs using Lego, making full size body suits (CSI style!) to identify different muscles and bones and recreating the human heart, using chairs, tables and the student's as the blood! We've looked at the structure of the cardio and respiratory system using fruit, vegetables and other food.

Year 10 - Just completed Year 10 mocks and we are continuing our work on Socio-Cultural Influences on Sport Participation. We will also establish the three sports each student will focus on for their practical performance grades by the end of this term.

Questions you could ask at home.....

Your son/daughter should be able to confidently talk to you about these topics:

Year 9 - The students have also recently had their end of year mock which was a bespoke paper containing only content covered in year 1. In preparation for their mock, the students were shown a variety of methods of revising which they have also been covering in tutor time and Life Skills lessons. Please quiz your child on the different ways they can revise and what Diagnosis, Therapy, Testing means when structuring a revision session. Please also encourage your child to revisit the areas they haven't done so well on which they will know following their mock feedback lessons. Which 3 sports do they want to be assessed in practically?

Year 10 - Which 3 sports will they be assessed in? Socio-Cultural Influences – can they give examples of "deviance" in sport? Why do some athletes take illegal performance enhancing drugs? Progress – what do they need to do to improve in their next mock exam (around Christmas time)?

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£8.99 Revision Flash Cards

100 Revision Cards
Multiple choice questions and answers
Worked examples
Topic summaries and key facts to remember

https://www.amazon.co.uk/Revise-Edexcel-Physical-Education-Revision/dp/1292182431

Need help?

- Edexcel website https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.html
- Seneca Learning online https://app.senecalearning.com/login
- GCSE Physical Education App https://apps.daydreameducation.com/pocket-poster-revision-guides/gcse-physical-education/app/
- Twitter persuade your son/daughter to follow the PE department we will share lots of useful links to help them revise.

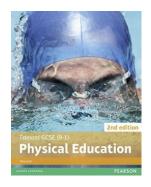
@ataylor_PE @PWyatt_PE @T_Skelding

Key Dates:

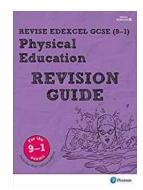
Year 10 Sport Science trip to Exeter University – October 2018 GCSE PE Revision – Weekly from November 2018 Year 11 Mocks – December 2018 Year 10 PEP Coursework – January 2019

Year 10 Sport Science trip to Bath University - March 2019

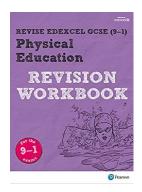
Resources:



ISBN: 978-1292129884



ISBN: 978-1292135120



ISBN: 978-1292135083

Year 11 Exams:

- Component 1: Fitness & Body Systems May 2019. 36%
- Component 2: Health & Performance May 2019, 2018. 24%

Practical Performance 30%, PEP Coursework 10%