

Date:

Looking after myself

Have I......

* Been out in the fresh air?
* Done some exercise?
* Had breaks and lunch?
* Done something I enjoy?

Checklist for end of each lesson (this will not be for every lesson)

Have I......

* Uploaded work?
* Emailed my teacher?
* Asked for help?
* Glued sheets in my book?

What equipment will I need today? *e.g, pen, calculator, book etc.*



Live TEAMs lessons today (in order and time):

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_

Subjects to complete today (in order):

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. (If time) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Daily Lesson Planner**